

# PEDIATRIC HEALTH RECORD



TODAY'S DATE \_\_\_\_\_ NEW PATIENT \_\_\_\_\_ REACTIVE \_\_\_\_\_

## ABOUT YOUR CHILD

Name \_\_\_\_\_

Birthdate \_\_\_\_\_ Sex M \_\_\_\_\_ F \_\_\_\_\_

SSN \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Mother's Name \_\_\_\_\_

Mother's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Ph \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Father's Name \_\_\_\_\_

Father's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Ph \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Additional Family Member(s) \_\_\_\_\_

\_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Ph \_\_\_\_\_

Relationship \_\_\_\_\_

Was your child referred to us \_\_\_\_\_

Has your child had Chiropractic care before? Y N (circle one)

If yes, Doctor/Clinic \_\_\_\_\_

**ETHNICITY** \_\_\_\_\_ Hispanic \_\_\_\_\_ Non-Hispanic

**RACE** \_\_\_\_\_ Alaska Native \_\_\_\_\_ Asian \_\_\_\_\_ Native Hawaiian

\_\_\_\_\_ White/Caucasian \_\_\_\_\_ Native American \_\_\_\_\_ Black/African American

\_\_\_\_\_ Other Pacific Islander \_\_\_\_\_ Other: \_\_\_\_\_

## DID YOU KNOW...

Chiropractors work with the nervous system? Y / N

The nervous system controls all bodily functions & systems? Y / N

Chiropractic is the largest natural healing profession in the world? Y / N

## HEALTH HABITS

Allergies: \_\_\_\_\_ None \_\_\_\_\_ Yes (list below)

Drugs/Meds \_\_\_\_\_

Food(s) \_\_\_\_\_

Other \_\_\_\_\_

Current RX medications \_\_\_\_\_ None \_\_\_\_\_ Yes (list below)

\_\_\_\_\_

\_\_\_\_\_

Any past surgeries (dates): \_\_\_\_\_

\_\_\_\_\_

Any past accidents (dates): \_\_\_\_\_

\_\_\_\_\_

Any past injuries (dates): \_\_\_\_\_

\_\_\_\_\_

Is your child under the care of any other doctor? Y N (circle one)

Name(s): \_\_\_\_\_

## SOCIAL HEALTH HISTORY

Recreational activities/hobbies \_\_\_\_\_

\_\_\_\_\_

Does your child consume caffeine? Y N (circle one)

How much \_\_\_\_\_ How often \_\_\_\_\_

## FAMILY HEALTH HISTORY

	Cancer	Heart Disease	Arthritis	Diabetes
Siblings	_____	_____	_____	_____
Mother	_____	_____	_____	_____
Father	_____	_____	_____	_____

## REASON FOR THIS VISIT

Symptoms \_\_\_\_\_

Date symptoms began \_\_\_\_\_

How did it occur? \_\_\_\_\_

Do you have recent X-rays of area? Y N (circle one)

If yes, facility where taken \_\_\_\_\_

### CLINIC USE ONLY (Vitals age 2+ years)

Height \_\_\_\_\_ Inches; Weight \_\_\_\_\_ lbs.; Pulse \_\_\_\_\_; Respir \_\_\_\_\_; Temp \_\_\_\_\_;

Blood pressure (left arm/right arm) \_\_\_\_\_ / \_\_\_\_\_ (sitting / standing / supine) **Staff initials** \_\_\_\_\_

## HEALTH HISTORY (cont.)

Was the child's delivery: \_\_\_ On time \_\_\_ Early \_\_\_ Late

Was the delivery \_\_\_ Vaginal \_\_\_ Cesarean (c-section)

\_\_\_ At home \_\_\_ Hospital How long was labor: \_\_\_\_\_

Name of Dr. \_\_\_\_\_

APGAR score: \_\_\_\_\_/10 at birth \_\_\_\_\_/10 five minutes after birth

Were extraction aids used? (forceps/suction) \_\_\_\_\_

Was there more than one fetus? \_\_\_\_\_

Did the mother use alcohol or smoke during pregnancy? \_\_\_ Y \_\_\_ N

Was the child vaccinated? \_\_\_ Y \_\_\_ N Adverse reactions? \_\_\_\_\_

Is/was the child breastfed \_\_\_ Y \_\_\_ N Difficulties? \_\_\_\_\_

Did/does child use formula? \_\_\_ Y \_\_\_ N Allergies \_\_\_\_\_

Preferred side or head position for sleep \_\_\_\_\_

Difficulties meeting developmental milestones \_\_\_\_\_

Recent loss of appetite or change in eating habits \_\_\_\_\_

Recent change in bathroom habits \_\_\_\_\_

Any change in sleeping habits \_\_\_\_\_

Preferred sleeping position in bed \_\_\_\_\_

Any bumps, scrapes, cuts \_\_\_\_\_

Any recent fevers of unknown origins \_\_\_\_\_

## HEALTH INVENTORY

Please circle the concern or condition you have now or have had in the past. Each concern relates to an area of the spine and nerve function.

Thyroid  
Sore throat  
Stiff neck  
Radiating arm pain  
Hand/finger numbness  
Asthma  
Allergies  
High blood pressure  
Heart conditions  
Eczema

**C5**  
**C6**  
**C7**  
**T1**

**L1**  
**L2**  
**L3**  
**L4**  
**L5**  
**S**  
**A**  
**C**  
**R**  
**A**  
**L**

Constipation  
Colitis  
Diarrhea  
Gas pain  
Irritable bowel  
Bladder problems  
Menstrual problems  
Low back pain  
Pain or numbness in legs  
Reproductive problems



Headaches  
Migranes  
Dizziness  
**C1** Sinus problems  
**C2** Allergies  
**C3** Fatigue  
**C4** Head colds  
Vision problems  
Difficulty concentrating  
Hearing problems  
Anxiety  
Depression

**T2**  
**T3** Middle back pain  
congestion  
**T4** Difficulty breathing  
**T5** Bronchitis  
**T6** Pneumonia  
**T7** Gallbladder conditions  
**T8** Stomach problems  
**T9** Ulcers  
**T10** Gastritis  
**T11**  
**T12** Kidney problems

## PRESENT ILLNESS / INJURY

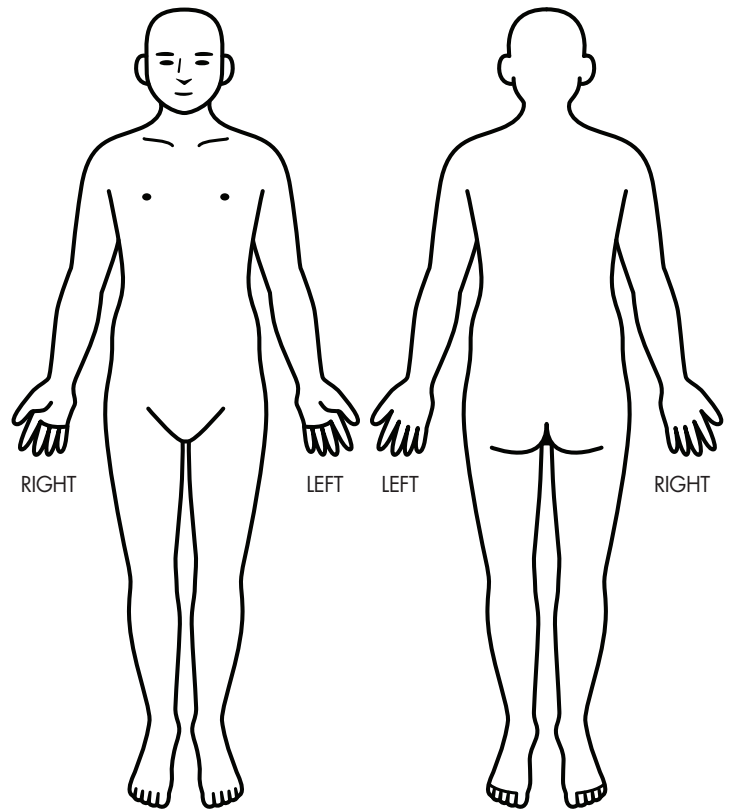
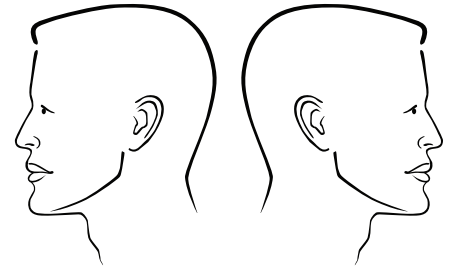
Please mark the activities with appropriate letter: **P** Painful **N** Normal **L** Limited

\_\_\_ Lying on back     \_\_\_ Pushing/pulling     \_\_\_ Kneeling  
\_\_\_ Lying on sides     \_\_\_ Reaching     \_\_\_ Walking  
\_\_\_ Lying on stomach     \_\_\_ Dressing self     \_\_\_ Standing  
\_\_\_ Turning over in bed     \_\_\_ Lifting     \_\_\_ Bending forward  
\_\_\_ Stooping     \_\_\_ Getting in/out of car     \_\_\_ Cough/sneeze/grunt  
\_\_\_ Using stairs/ladder     \_\_\_ Sitting/riding  
\_\_\_ Gripping     \_\_\_ Using a computer

## PRESENT ILLNESS/INJURY

Please mark the diagram below:

X X X BURNING PAIN  
((( ACHING PAIN  
---- NUMBNESS  
::: SHARP PAIN



## PAIN SCALE

Please circle your current pain level:

